

ORDER FORM August 2-24, 2017

Order all 4 weeks, PAY BY July 26 & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327
 Phone: 781-293-8422/ Fax: 866-537-6463 email: cookingftheart@gmail.com
 There is a **\$50** minimum order per week (\$55 including the delivery fee)

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

Please be sure to specify vegetarian or non vegetarian for EACH dish!

August 2/3 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Couscous a la Grecque (add \$.50/serv chicken)					\$9/\$9.50	
Cutlets Provencale					\$9	
Curried Thai Noodles					\$9	
Picadillo Pie					\$9	
Macaroni & Cheese					\$9	
Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Spanish Chick Pea Soup \$6 per pint/\$10 per quart					\$6/\$10	
Green Chile Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Rainbow Chard					\$5	
Potato & Green Onion Salad					\$5	
Ginger Orange Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
BBQ Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Cape Cod Tofu Salad					\$7.50	
Mediterranean Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7.00	
Maple Pecan Granola					\$7.00	
Delivery Charge						\$5

August 2/3 Total: _____

August 9/10 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Corn & Coconut Tabbouli (add \$.50/serv chicken)					\$9/\$9.50	
Teriyaki Cutlets					\$9	
Pasta w/Yams & Edamame (add \$.50/serv saus)					\$9/\$9.50	
Vegetable Casserole (add \$1/serv crab)					\$9/\$10	
Lasagne Florentine (add \$.50/serv turkey)					\$9/\$9.50	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Andean Sw Pot Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Roasted Cauliflower					\$5	
Kohlrabi Salad					\$5	
Maple Balsamic Cutlets tofu & chicken \$6/salmon \$8					\$6.00/\$8	
Lemon Dijon Cutlets tofu & chicken \$6/salmon \$8					\$6.00/\$8	
Italian Mozzarella Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7.00	
Maple Pecan Granola					\$7.00	
Delivery Charge						\$5

August 9/10 Total: _____

Please see other side for weeks of August 16/17 & 23/24

August 16/17 Delivery	Vegetarian?		#servings	#orders	Cost	Your Cost
	Yes	No				
Summer Harvest Salad (add \$.50/serv chicken)					\$9/\$9.50	
Orange Pineapple Cutlets					\$9.00	
Sicilian Pasta (add \$.50/serv ch sausage)					\$9/\$9.50	
Asparagus Dill Quiche					\$9	
Red Chile Enchiladas					\$9	
Baby Kale Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Tuscan Minestra Soup \$6 per pint/\$10 per quart					\$6/\$10	
Potato Bean Poblano Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Italian Broccoli					\$5.00	
Whipped Sweet Potatoes					\$5.00	
Korean BBQ Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Cranberry Mustard Cutlets tofu & chicken \$6/ salmon \$8					\$6/ \$8	
Edamame Hummus					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7.00	
Maple Pecan Granola					\$7.00	
Delivery Charge						\$5

August 16/17 Total: _____

August 23/24 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Teriyaki Rice Salad (add \$.50/serv chicken)					\$9/\$9.50	
Cutlets a la Grecque					\$9	
Spaghetti Bolognese (add \$.50/serv turkey)					\$9/\$9.50	
Deluxe Stuffed Potatoes (add \$.50/serv turkey)					\$9/\$9.50	
Tia Carmen's Enchiladas					\$9	
Caesar Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Fresh Corn Chowder \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Haricot Verts					\$5	
Roast Fingerling Potatoes					\$5	
Honey Mustard Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Provencale Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Baba Ganoush					\$7.50	
Old Fashioned Tuna Salad					\$7.50	
Fresh Fruit Salad					\$7.00	
Maple Pecan Granola					\$7.00	
Delivery Charge						\$5

Aug 23/24 Total: _____

Monthly Total: _____

To pay via Paypal, log into your account, click on "send money" and type in cookingftheart@gmail.com and the amount. It is best to wait for an invoice!