

# ORDER FORM AUGUST 1-23, 2018

Order all 4 weeks, **PAY BY JUNE 1** & omit the delivery fees (\$20 savings!)

There is a \$50 minimum order per week (\$55 including the delivery fee)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone: 781-293-8422/ Fax: 866-537-6463 email: [cookingftheart@gmail.com](mailto:cookingftheart@gmail.com)

Customer Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip Code \_\_\_\_\_ Email Address \_\_\_\_\_ PYREX? \_\_\_\_\_

Special Delivery Instructions \_\_\_\_\_

August 1/2 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Couscous a la Grecque (add \$.50 e.chicken)					\$9/\$9.50	
Cutlets Provencale					\$9	
Curried Thai Rice Noodles					\$9	
Picadillo Pie					\$9	
Macaroni & Cheese					\$9	
Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Spanish Chickpea Soup \$6 per pint/\$10 per quart					\$6/\$10	
Green Chile Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Summer Squash					\$5	
Potato & Green Onion Salad					\$5	
Ginger Orange Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
BBQ Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Cape Cod Tofu Salad					\$7.50	
Mandarin Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

August 1/2 Total: \_\_\_\_\_

August 8/9 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Corn & Coconut Tabouli					\$9	
Holsin Cutlets					\$9	
Pasta w/Yams & Edamame (add \$.50e ch saus)					\$9/\$9.50	
Crab or Tofu Veggie Casserole (add \$1e crab)					\$9/\$10	
Baked Ziti (add \$.50e turkey saus)					\$9/\$9.50	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Andean Sweet Potato Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Curried Cauliflower					\$5	
German Potato Salad					\$5	
Maple Balsamic Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Lemon Dijon Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Italian Mozzarella Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

August 8/9 Total: \_\_\_\_\_

August 15/16 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Summer Harvest Salad (add \$.50e chicken)					\$9/\$9.50	
Orange Pineapple Cutlets					\$9	
Sicilian Pasta (add \$.50 e ch sausage)					\$9	
Asparagus Dill Quiche					\$9	
Greek Rice & Eggplant Casserole (add \$.50 e. turkey)					\$9/\$9.50	
Baby Kale Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Tuscan Minestra Soup \$6 per pint/\$10 per quart					\$6/\$10	
Potato, Bean & Poblano Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Italian Broccoli					\$5	
Whipped Sweet Potato					\$5	
Korean BBQ Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Cranberry Mustard Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Edamame Hummus					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**August 15/16 Total:**

August 22/23 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Ancient Grain Salad (add \$.50e chicken)					\$9/\$9.50	
Cutlets a la Grecque					\$9	
Spaghetti Bolognese (add \$.50e turkey)					\$9/\$9.50	
Stuffed Sweet Potatoes (add \$.50 e turkey)					\$9/\$9.50	
Tia Carmen's Enchiladas					\$9	
Caesar Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Fresh Corn Chowder \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Haricot Vert					\$5	
Roast Fingerling Potatoes					\$5	
Honey Mustard Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Provencale Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Baba Ganoush					\$7.50	
Old Fashioned Tuna Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**August 22/23 Total:**

**Monthly Total:**

**Please wait for the PayPal invoice before paying!!**