

# ORDER FORM FEBRUARY 8 – MARCH 2, 2017

Order all 4 weeks, PAY BY FEBRUARY 1 & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327  
 Fax: 866-537-6463 Phone : 781-293-8422/ email: [cookingftheart@gmail.com](mailto:cookingftheart@gmail.com)  
 There is a \$50 minimum order per week (\$55 including the delivery fee)

Customer Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip Code \_\_\_\_\_ Email Address \_\_\_\_\_ PYREX? \_\_\_\_\_

Special Delivery Instructions \_\_\_\_\_

Please be sure to specify vegetarian or non vegetarian for EACH dish!

February 8/9 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Couscous a la Grecque (add \$.50 each chicken)					\$9/\$9.50	
BBQ Bleu Cutlets					\$9	
Spaghetti & Meatballs					\$9	
Smothered Burritos					\$9	
Macaroni & Cheese					\$9	
Caesar Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Mushroom Soup \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Chocolate Chip Cookies 6: \$7/12: \$13					\$7/\$13	
Haricot Verts					\$5	
Mashed Potatoes					\$5	
Maple Balsamic Cutlets \$6 tofu, chicken/\$7 salmon					\$6/\$7	
Teriyaki Cutlets \$6 tofu, chicken/\$7 salmon)					\$6/\$7	
Curried Tofu Salad					\$7.50	
Mediterranean Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**Feb 8/9 Total:** \_\_\_\_\_

February 15/16 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Provencale Peppers (add \$.50 each turkey)					\$9/\$9.50	
Yucatan Cutlets					\$9	
Pasta w/Roasted Vegetables (add \$.50 each sausage)					\$9/\$9.50	
Black Bean Chili (add \$.50 each turkey)					\$9/\$9.50	
Lasagne Florentine (add \$.50 each turkey)					\$9/\$9.50	
Baby Kale Salad \$7.50veg; \$9.50 chicken					\$7.50/\$9.50	
Split Pea Vegetable Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Red Chile Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Carrot Cake Muffins \$7sm; \$13lg					\$7/\$13	
Edamame Succotash					\$5	
Sweet Potato Homefries					\$5	
BBQ Cutlets tofu & chicken \$6/salmon \$7					\$6/\$7	
Lemon Dill Cutlets tofu & chicken \$6/salmon \$7					\$6/\$7	
Roasted Garlic Hummus					\$7.50	
Old Fashioned Tuna Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**Feb 15/16 Total:** \_\_\_\_\_

Please see other side for weeks of February 22/23 & March 1/2

February 22/23 Delivery	Vegetarian?		#servings	#orders	Cost	Your Cost
	Yes	No				
Italian Cauliflower Tarte					\$9	
Cutlets Bukhari					\$9	
Ziti w/Broccoli Rabe (add \$.50 each sausage)					\$9/\$9.50	
Eggplant Parmesan					\$9	
Red Chile Enchiladas					\$9	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Thai Chicken Soup \$6 per pint/\$10 per quart					\$6/\$10	
Green Chile Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Oatmeal Cookies ½ doz:\$7; 1 doz: \$13					\$7/\$13	
Italian Broccoli					\$5	
Greek Roast Potatoes					\$5	
Korean BBQ Cutlets tofu & chicken \$6/ salmon\$7					\$6/\$7	
Honey Mustard Cutlets tofu & chicken \$6/ salmon \$7					\$6/ \$7	
Roasted Beet Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**Feb 22/23 Total:** \_\_\_\_\_

March 1/2 Delivery	Vegetarian?		#servings	#orders	Cost	Your Cost
	Yes	No				
Mango Couscous Salad (add \$.50 each chicken)					\$9/\$9.50	
Za'atar Cutlets					\$9	
Athenian Orzo (add \$1 each shrimp)					\$9/\$10	
Red Bean Stew (add \$.50 each turkey)					\$9/\$9.50	
Shepherd's Pie					\$9	
Greek Salad \$7 veg; \$9 chicken					\$7/\$9	
Winter Veggie Soup \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean & Rice Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Rocky Road Cookies ½ doz:\$7; 1 doz: \$13					\$7/\$13	
Curried Cauliflower					\$5	
Cranberry Sweet Potatoes					\$5	
Provencale Herb Cutlets tofu & chicken \$6/ salmon \$7					\$6/\$7	
Ginger Orange Cutlets tofu & chicken \$6/ salmon\$7					\$6/\$7	
Real Egg Salad					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**March 1/2 Total:** \_\_\_\_\_

**Monthly Total:** \_\_\_\_\_