

ORDER FORM JANUARY 11- FEBRUARY 2, 2017

Order all 4 weeks, PAY BY JANUARY 1 & omit the delivery fees (\$20 savings!)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327
 Phone: 781-293-8422/ Fax: 866-537-6463 email: cookingftheart@gmail.com
 There is a \$50 minimum order per week (\$55 including the delivery fee)

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

Please be sure to specify vegetarian or non vegetarian for EACH dish!

January 11/12 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Israeli Couscous Pilaf (add \$.50 e.turkey)					\$9/\$9.50	
Quebec Farmhouse Cutlets					\$9	
Spicy Thai Rice Noodles					\$9	
Three Bean Chili (add .50 e. turkey)					\$9/\$9.50	
Macaroni & Cheese					\$9	
Caesar Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Turkey Sausage Tortellini Soup \$6 per pint/\$10 per quart					\$6/\$10	
Salsa Verde Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Rocky Road Cookies ½ doz: \$7/dozen: \$13					\$7/\$13	
Haricot Verts					\$5	
Cranberry Sweet Potatoes					\$5	
Asian Sesame Cutlets \$6 tofu, chicken/\$7 salmon					\$6/\$7	
Greek Lemon Cutlets \$6 tofu, chicken/\$7 salmon					\$6/\$7	
Tehina Beet Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

January 11/12 Total: _____

January 18/19 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Ancient Grain Salad (add \$.50 e turkey)					\$9/\$9.50	
Sonoran Cutlets					\$9	
Orzo & Roasted Veggies (add \$1 shrimp)					\$9/\$10	
Salisbury Steak					\$9	
Lasagne Florentine (add \$.50e turkey)					\$9/\$9.50	
Pom Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Mulligatawny Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Fresh Lemon Bars \$7 small; \$13large					\$7/\$13	
Italian Broccoli					\$5	
Whipped Squash					\$5	
Apricot Dijon Cutlets tofu & chicken \$6/salmon \$7					\$6/\$7	
Italian Herb Cutlets tofu & chicken \$6/salmon \$7					\$6/\$7	
Greek Veggie Tabbouli					\$7.50	
Old Fashioned Tuna Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

January 18/19 Total: _____

Please see other side for weeks of January 25/26 & February 1/2

January 25/26 Delivery	Vegetarian?		#servings	#orders	Cost	Your Cost
	Yes	No				
Wild Mushroom Quiche					\$9	
Cranberry Dijon Cutlets					\$9	
Pasta Calabacitas (add \$.50 e. ch saus)					\$9/\$9.50	
Albondigas					\$9	
Red Chile Enchiladas					\$9	
Greek Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Veggie Soup \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Apple Crisp sm: \$7; lg: \$13					\$7/\$13	
Roasted Brussels					\$5	
Maple Sweetr Potatoes					\$5	
Ginger Scallion Cutlets tofu & chicken \$6/ salmon\$7					\$6/\$7	
Provencale Cutlets tofu & chicken \$6/ salmon \$7					\$6/\$7	
Spanish Chickpeas					\$7.50	
Roast Turkey Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

January 25/26 Total:

February 1/2 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Lentil Rice Salad (add \$.50e chicken)					\$9/\$9.50	
Tzatziki Cutlets					\$9	
Penne & Eggplant (add \$.50 e. ch. saus)					\$9/\$9.50	
Wirikuta Stew (add \$.50e turkey)					\$9 /\$9.50	
Shepherd's Pie					\$9	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Broccoli Chowder \$6 per pint/\$10 per quart					\$6/\$10	
Green Chile Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Carrot Cake Muffins (nuts) ½ doz :\$7; 1 doz: \$13					\$7/\$13	
Curried Cauliflower					\$5	
Roast Potato Medley					\$5	
Lemon Dill Cutlets tofu & chicken \$6/ salmon \$7					\$6/\$7	
Soy Coconut Cutlets tofu & chicken \$6/ salmon \$7					\$6/\$7	
Edamame Hummus					\$7.50	
Mediterranean Chicken					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

February 1/2 Total:

January Total:

to pay via Paypal, log into your account, click on "send money" and type in cookingftheart@gmail.com and the amount