

ORDER FORM JUNE 26 – August 1, 2019

Order all 4 weeks, **PAY BY JUNE 21** & omit the delivery fees (\$20 savings!)

There is a \$50 minimum order per week (\$55 including the delivery fee)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone: 781-293-8422/ Fax: 866-537-6463 email: cookingftheart@gmail.com

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

June 26/27 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Fruit & Nut Taboulli (add \$.50 e.chicken)					\$9/\$9.50	
Red Chile Cutlets					\$9	
Asian Noodles (specify chicken or tofu)					\$9	
Three Bean Chili (add \$.50 e turkey)					\$9/\$9.50	
Macaroni & Cheese					\$9	
Baby Arugula Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Coconut Curry Soup \$6 per pint/\$10 per quart					\$6/\$10	
Roasted Veggie Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Snaps & Squash					\$5	
Sweet Potato Homefries					\$5	
Greek Lemon Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Soy Coconut Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Israeli Eggplant Salad					\$7.50	
Mediterranean Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

June 26/27 Total: _____

July 3 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Black Bean Corn Salad (add \$.50 e chicken)					\$9/\$9.50	
Savory Moroccan Cutlets					\$9	
Pasta w/ Grilled Veggies (add \$.50 each sausage)					\$9/\$9.50	
Keftedes (specify turkey or tofu)					\$9	
Baked Ziti (add \$.50e turkey saus)					\$9/\$9.50	
Farmhouse Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Spanish Chick Pea Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Red Chile Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Roast Curried Cauliflower					\$5	
Mashed Yukon Potatoes					\$5	
Provencale Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Honey Mustard Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Roasted Beet Salad					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

July 3 Total: _____

July 10/11 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Broccoli & Roasted Pepper Quiche					\$9	
Soy Coconut Cutlets					\$9	
Rice Noodle Salad (add \$.50 e chicken)					\$9/\$9.50	
Ratatouille Stuffed Potatoes (add \$.50 e turkey)					\$9/\$9.50	
Tia Carmen's Enchiladas (add \$.50 e. turkey)					\$9/\$9.50	
Greek Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Summer Squash Soup \$6 per pint/\$10 per quart					\$6/\$10	
Green Chile Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Sauteed Broccolini					\$5	
Cranberry Sweet Potato Salad					\$5	
Lemon Dill Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Ginger Scallion tofu & chicken \$6/ salmon \$8					\$6/\$8	
Italian Tuna					\$7.50	
Mandarin Chicken					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

July 10/11 Total:

July 31/Aug 1 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Andean Quinoa Salad (add \$.50e chicken)					\$9/\$9.50	
Tandoori Cutlets					\$9	
Sicilian Pasta (add \$.50 e sausage)					\$9/\$9.50	
Provencale Peppers (add \$.50 e turkey)					\$9/\$9.50	
Smothered Salsa Verde Burritos (add \$.50 e turkey)					\$9/\$9.50	
Nantucket Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Thal Veggie Soup 6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Calabacitas					\$5	
German Potato Salad					\$5	
Maple Dijon Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Teriyaki Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Roasted Garlic Hummus					\$7.50	
Roasted Turkey & Grape Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

July 31/Aug 1Total:

Monthly Total:

Please wait for the PayPal invoice before paying!!