

ORDER FORM JUNE 7 - 29, 2017

Order all 4 weeks, PAY BY JUNE 2 & omit the delivery fees (\$20 savings!)

Weekly orders must be submitted by 5PM Friday for the upcoming week.

There will be NO deliveries in July!

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Fax 866-537-6463 Phone 781-293-8422/ email: cookingftheart@gmail.com

There is a \$50 minimum order per week (\$55 including the delivery fee)

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

Please be sure to specify vegetarian or non vegetarian for EACH dish!

June 7/8 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Salade Nicoise (add \$.50 per serv tuna)					\$9/\$9.50	
Lemon Tarragon Cutlets					\$9	
Spicy Peanut Noodles					\$9	
Eggplant Parmesan					\$9	
Macaroni & Cheese					\$9	
Berry Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Spanish Chickpea Soup \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Summer Squash					\$5	
Rosemary Potatoes					\$5	
Apricot Dijon Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Korean BBQ Cutlets \$6 tofu, chicken/\$8 salmon)					\$6/\$8	
Lentil Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

June 7/8 Total: _____

June 14/15 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Maple Wheat Berry Salad (add \$.50 per serv turkey)					\$9/\$9.50	
Yucatan Cutlets					\$9	
Fresh Pesto Pasta (add \$.50 per serv chicken)					\$9/\$9.50	
Enfrijoladas (add \$.50 per serv chicken)					\$9/\$9.50	
Lasagne Florentine (add \$.50 per serv turkey)					\$9/\$9.50	
Caesar Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Mulligatawny Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Potato Poblano Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Sauteed Greens					\$5	
Cranberry Sweet Potatoes					\$5	
Provencale Herb Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Honey Mustard Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Roasted Beet Salad					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

June 14/15 Total: _____

Please see other side for weeks of June 21/22 & 28/29

June 21/22 Delivery	Vegetarian?		#servings	#orders	Cost	Your Cost
	Yes	No				
Broccoli Quiche					\$9	
Hoisin Cutlets					\$9	
French Pasta Salad (add \$.50 per serv chicken)					\$9/\$9.50	
Albondigas					\$9	
Red Chile Enchiladas					\$9	
Baby Kale Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Caribbean Sweet Potato Soup \$6 per pint/\$10 per quart					\$6/\$10	
Salsa Verde Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Italian Broccoli					\$5	
Mom's Macaroni Salad					\$5	
Lemon Dill Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Pomegranate Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Caponata					\$7.50	
Old Fashioned Tuna Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

June 21/22 Total:

June 28/29 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Greek Tabouli Salad (add \$.50 per serv ch)					\$9/\$9.50	
Thai Cutlets					\$9	
Pasta w/Spinach & Chickpeas (add \$.50 per serv ch saus)					\$9/\$9.50	
Quinoa Peppers (add \$.50 per serv turkey)					\$9/\$9.50	
Smothered Burritos (add \$.50 per serv turkey)					\$9/\$9.50	
Nantucket Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Summer Squash Soup \$6 per pint/\$10 per quart					\$6/\$10	
Red Chile Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Snaps & Carrots					\$5	
Roast Potatoes					\$5	
Maple Dijon Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Teriyaki Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Mediterranean Chicken Salad					\$7.50	
Mandarin Tofu Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

June 28/29 Total:

June Total:

To pay via Paypal, log into your account, click on "send money" and type in cookingftheart@gmail.com and the amount