

ORDER FORM MARCH 8 – APRIL 6, 2017

Order all 4 weeks, PAY BY MARCH 3 & omit the delivery fees (\$20 savings!)

(No delivery March 22/23)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone: 781-293-8422 Fax: 866-537-6463 email: cookingfromtheheart@gmail.com

There is a \$50 minimum order per week (\$55 including the delivery fee)

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

****Please be sure to specify vegetarian or non vegetarian for EACH dish!****

March 8/9 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Caponata Couscous Salad (add \$.50 each chicken)					\$9/\$9.50	
Cutlets Parmesan					\$9	
Pasta w/Black olive Pesto					\$9	
Honey Mustard Meatloaf					\$9	
Macaroni & Cheese					\$9	
Nantucket Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Noodle Soup \$6 per pint/\$10 per quart					\$6/\$10	
Potato Bean Burrito \$6.50veg; \$7.50 chicken					\$6.50/\$7.50	
White Choc Cookies 6: \$7/12: \$13					\$7/\$13	
Sauteed Kale					\$5	
Herb Roasted Potatoes					\$5	
Greek Lemon Cutlets \$6 tofu, chicken/\$7 salmon					\$6/\$7	
Teriyaki Cutlets \$6 tofu, chicken/\$7 salmon)					\$6/\$7	
Mandarin Tofu Salad					\$7.50	
Curried Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

March 8/9 Total: _____

March 15/16 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Stuffed Sweet Potatoes (add \$.50 each turkey)					\$9/\$9.50	
Cutlets Satay					\$9	
Portabella Pasta (add \$.50 each grilled ch saus)					\$9/\$9.50	
White Bean Kale Stew (ad \$.50 e. ground turkey)					\$9/\$9.50	
Lasagne Florentine (add \$.50 each turkey)					\$9/\$9.50	
Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Lentil Vegetable Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Blueberry Muffins \$7 ½ doz; \$13 doz					\$7/\$13	
Green Beans Almondine					\$5	
Roast Garlic Mashed Potatoes					\$5	
Korean BBQ Cutlets tofu & chicken \$6/salmon \$7					\$6/\$7	
Dijon Apricot Cutlets tofu & chicken \$6/salmon \$7					\$6/\$7	
Greek Tabouli Salad					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

March 15/16 Total: _____

Please see other side for weeks of March 29/30 & April 5/6

March 29/30 Delivery	Vegetarian?		#servings	#orders	Cost	Your Cost
	Yes	No				
Asparagus Quiche					\$9	
Hoisin Cutlets					\$9	
Pasta w/Yams & Edamame (add \$.50 each ch sausage)					\$9/\$9.50	
Vegetable Casserole (add \$1 each crab)					\$9/\$10	
Red Chile Enchiladas					\$9	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Posole Soup \$6 per pint/\$10 per quart					\$6/\$10	
Salsa Verde Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Lemon Bars ½ doz:\$7; 1 doz: \$13					\$7/\$13	
Snaps & Carrots					\$5	
Adobado Roast Potatoes					\$5	
Italian Herb Cutlets tofu & chicken \$6/ salmon\$7					\$6/\$7	
Maple Dijon Cutlets tofu & chicken \$6/ salmon \$7					\$6/ \$7	
Old Fashioned Tuna Salad					\$7.50	
Baba Ganoush					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

March 29/30 Total: _____

April 5/6 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Greek Pasta Salad (add \$.50 each chicken)					\$9/\$9.50	
Salsa Verde Cutlets					\$9	
Pasta Melanzana					\$9	
Thai Chick Pea Curry					\$9	
Shepherd's Pie					\$9	
Caesar Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Andean Soup \$6 per pint/\$10 per quart					\$6/\$10	
Red Chile Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Pumpkin Muffins ½ doz:\$7; 1 doz: \$13					\$7/\$13	
Roast Carrots, Beets, Parsnips					\$5	
Homemade Refritos					\$5	
Lemon Dijon Cutlets tofu & chicken \$6/ salmon \$7					\$6/\$7	
Soy Coconut Cutlets tofu & chicken \$6/ salmon\$7					\$6/\$7	
Real Egg Salad					\$7.50	
Mandarin Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

April 5/6 Total: _____

Monthly Total: _____