

# ORDER FORM May 1-23, 2019

Order all 4 weeks, **PAY BY APRIL 26** & omit the delivery fees (\$20 savings!)

There is a **\$50** minimum order per week (\$55 including the delivery fee)

Orders must be placed by 5PM Friday before the upcoming week's delivery

**Cooking From the Heart, PO Box 827, Bryantville, MA 02327**

Phone: 781-293-8422/ Fax: 866-537-6463 email: [cookingftheart@gmail.com](mailto:cookingftheart@gmail.com)

Customer Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip Code \_\_\_\_\_ Email Address \_\_\_\_\_ PYREX? \_\_\_\_\_

Special Delivery Instructions \_\_\_\_\_

May 1/2 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Ballnese Rice Salad (add \$.50 e.chicken)					\$9/\$9.50	
Red Chlle Cutlets					\$9	
Singapore Noodles					\$9	
Ratatouille Stuffed Potato (add \$.50 turkey)					\$9/\$9.50	
Macaroni & Cheese					\$9	
Baby Arugula Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Minestrone \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Snaps & Carrots					\$5	
Mashed Potatoes					\$5	
Korean BBQ Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Lemon Dill Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Kale & Walnut Tabouli					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

May 1/2 Total: \_\_\_\_\_

May 8/9 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Maple Wheat Berry Salad (add \$.50 e chicken)					\$9/\$9.50	
Mandarin Cutlets					\$9	
Pasta w/Spinach & Chickpeas (add \$.50 sausage)					\$9/\$9.50	
Persian Eggplant Pulao					\$9	
Baked Ziti (add \$.50e turkey saus)					\$9/\$9.50	
Farmhouse Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Tortellini Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Green Beans Almondine					\$5	
Roast Potato Medley					\$5	
Italian Herb Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Texas BBQ Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Real Egg Salad					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

May 8/9 Total: \_\_\_\_\_

May 15/16 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Couscous a la Grecque (add \$.50 chicken)					\$9/\$9.50	
Cutlets Teriyaki					\$9	
French Pasta Salad (add \$.50 e.chicken)					\$9/\$9.50	
Wild Mushroom Quiche					\$9	
Smothered Green Chile Burritos (add \$.50 e. turkey)					\$9/\$9.50	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Noodle Soup \$6 per pint/\$10 per quart					\$6/\$10	
Potato Bean Poblano Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Italian Broccoli					\$5	
Greek Roast Potatoes					\$5	
Ginger Orange Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Honey Mustard Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Roasted Garlic Hummus					\$7.50	
Dijon Chicken					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**May 15/16 Total:**

May 22/23 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Ancient Grain Salad (add \$.50e chicken)					\$9/\$9.50	
Cutlets w/Fresh Fruit Salsa					\$9	
Pasta w/Black Olive Pesto					\$9	
Picadillo Burritos					\$9	
Shepherd's Pie					\$9	
Greek Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Fresh Corn Chowder \$6 per pint/\$10 per quart					\$6/\$10	
Salsa Verde Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Edamame Succotash					\$5	
Roast Fingerling Potatoes					\$5	
Maple Balsamic Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Teriyaki Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Italian Tuna Salad					\$7.50	
Mandarin Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**May 22/23 Total:**

**Monthly Total:**

**Please wait for the PayPal invoice before paying!!**