

# ORDER FORM OCTOBER 24-NOVEMBER 15, 2018

Order all 4 weeks, pay by OCTOBER 19 & omit the delivery fees (\$20 savings!)

There is a \$50 minimum order per week (\$55 including the delivery fee)

**NO DELIVERY ON NOVEMBER 21/22 (THANKSGIVING)**

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone: 781-293-8422/ Fax: 866-537-6463 email: [cookingftheart@gmail.com](mailto:cookingftheart@gmail.com)

Customer Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip Code \_\_\_\_\_ Email Address \_\_\_\_\_ PYREX? \_\_\_\_\_

Special Delivery Instructions \_\_\_\_\_

October 24/25 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Stuffed Sweet Potatoes (add \$.50 e.chicken)					\$9/\$9.50	
Savory Moroccan Cutlets					\$9	
Peanut Sesame Noodles					\$9	
Harvest Chili (add \$.50 e turkey)					\$9/\$9.50	
Macaroni & Cheese					\$9	
Honey Dijon Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Split Pea Veggie Soup \$6 per pint/\$10 per quart					\$6/\$10	
Green Chile Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Snaps & Carrots					\$5	
Roast Fingerling Potatoes					\$5	
Cranberry Dijon Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Soy Coconut Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Curried Tofu Salad					\$7.50	
Roast Turkey Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

October 24/25 Total: \_\_\_\_\_

Oct 31/Nov 1 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Curried Couscous Salad (add \$.50 e. turkey)					\$9/\$9.50	
Holsin Cutlets					\$9	
Pasta w/Broccoli & Sweet Potatoes (add \$.50 e ch saus)					\$9/\$9.50	
Halloween Stew (add \$.50 e ground turkey)					\$9/\$9.50	
Baked Ziti (add \$.50e turkey saus)					\$9/\$9.50	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Tortellini Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Roasted Corn & Rice Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Roasted Brussels					\$5	
Garlic Mashed Potatoes					\$5	
Korean BBQ Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Italian Herb Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Baba Ganoush					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

October 31/Nov 1 Total: \_\_\_\_\_

November 7/8 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Teriyaki Rice Salad					\$9	
Cutlets Tzatziki					\$9	
Pasta with Black Olive Pesto					\$9	
BBQ Meatloaf					\$9	
Salsa Verde Burritos					\$9	
Greek Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Mulligatawny Soup \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Maple Acorn Squash					\$5	
Italian Broccoli					\$5	
Ginger Scallion Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Provencale Herb Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Caponata Salad					\$7.50	
Dijon Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**November 7/8 Total:**

November 14/15 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Onion Tarte					\$9	
Thai Cutlets					\$9	
Athenian Orzo (add \$1 shrimp)					\$9/\$10	
Wampanoag Rice Casserole (add \$.50 turkey)					\$9/\$9.50	
Shepherd's Pie					\$9	
Nantucket Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Mushroom Barley Soup \$6 per pint/\$10 per quart					\$6/\$10	
Poblano, Potato & Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Sauteed Beets					\$5	
Greek Roasted Potatoes					\$5	
Lemon Dill Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Teriyaki Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Cranberry Ginger Compote					\$7.50	
Cape Cod Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

**November 14/15 Total:**

**Monthly Total:**

**Please wait for the PayPal invoice before paying!!**