

ORDER FORM SEPTEMBER 26 -OCTOBER 18, 2018

Order all 4 weeks, pay by September 21 & omit the delivery fees (\$20 savings!)

There is a \$50 minimum order per week (\$55 including the delivery fee)

Cooking From the Heart, PO Box 827, Bryantville, MA 02327

Phone: 781-293-8422/ Fax: 866-537-6463 email: cookingftheart@gmail.com

Customer Name _____ Phone _____

Address _____ City _____

Zip Code _____ Email Address _____ PYREX? _____

Special Delivery Instructions _____

September 26/27 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Caponata Couscous Salad (add \$.50 e.chicken)					\$9/\$9.50	
Greek Lemon Cutlets					\$9	
Chinese Meatballs					\$9	
Thai Chick Pea Curry					\$9	
Macaroni & Cheese					\$9	
Bar Harbor Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Chicken Noodle Soup \$6 per pint/\$10 per quart					\$6/\$10	
Potato, Bean Poblano Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Edamame Succotash					\$5	
Sweet Potato Homefries					\$5	
Pomegranate Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Ginger Scallion Cutlets \$6 tofu, chicken/\$8 salmon					\$6/\$8	
Curried Tuna Salad					\$7.50	
Mediterranean Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

September 26/27Total: _____

October 3/4 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Lentil Rice Salad (add \$.50 e. chicken)					\$9/\$9.50	
Cutlets Satay					\$9	
Winter Squash & Broccoli Rabe Pasta					\$9/\$9.50	
Honey Mustard Meatloaf					\$9	
Baked Ziti (add \$.50e turkey saus)					\$9/\$9.50	
Pomegranate Spinach Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
White Bean Spinach Soup \$6 per pint/ \$10 per quart					\$6/\$10	
Black Bean & Rice Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Green Beans Almondine					\$5	
Rosemary Roast Potatoes					\$5	
Apricot Dijon Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Italian Herb Cutlets tofu & chicken \$6/salmon \$8					\$6/\$8	
Roast Garlic Hummus					\$7.50	
Mandarin Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

October 3/4 Total: _____

October 10/11 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Wild Mushroom Quiche					\$9	
Maple Glazed Cutlets					\$9	
North End Pasta (add \$.50 e ch sausage)					\$9/\$9.50	
Albondigas					\$9	
Santa Fe Enchiladas (add \$.50 e. chicken)					\$9/\$9.50	
Nantucket Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Thai Chicken Soup \$6 per pint/\$10 per quart					\$6/\$10	
Pico de Gallo Burrito \$6.50 veg; \$7.50 turkey					\$6.50/\$7.50	
Roast Curried Cauliflower					\$5	
Potatoes Adobado					\$5	
Spicy BBQ Cutlets tofu & chicken \$6/ salmon\$8					\$6/\$8	
Provencale Herb Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Spanish Chick Pea Salad					\$7.50	
Greek Chicken Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

October 10/11 Total:

October 17/18 Delivery	Vegetarian?		#servings	#orders	Cost each	Your Cost
	Yes	No				
Peppers Ali Baba (add \$.50e turkey)					\$9/\$9.50	
Cutlets Lucerne					\$9	
Warm French Pasta Salad (add \$.50 e chicken)					\$9/\$9.50	
Green Chilaquiles					\$9	
Shepherd's Pie					\$9	
Baby Kale Salad \$7.50 veg; \$9.50 chicken					\$7.50/\$9.50	
Veg Mushroom Barley Soup \$6 per pint/\$10 per quart					\$6/\$10	
Black Bean Burrito \$6.50 veg; \$7.50 chicken					\$6.50/\$7.50	
Roast Carrots & Parsnips					\$5	
Maple Whipped Sweet Potatoes					\$5	
Maple Dijon Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Teriyaki Cutlets tofu & chicken \$6/ salmon \$8					\$6/\$8	
Baba Ganoush					\$7.50	
Old Fashioned Tuna Salad					\$7.50	
Fresh Fruit Salad					\$7	
Maple Pecan Granola					\$7	
Delivery Charge						\$5

October 17/18 Total:

Monthly Total:

Please wait for the PayPal invoice before paying!!